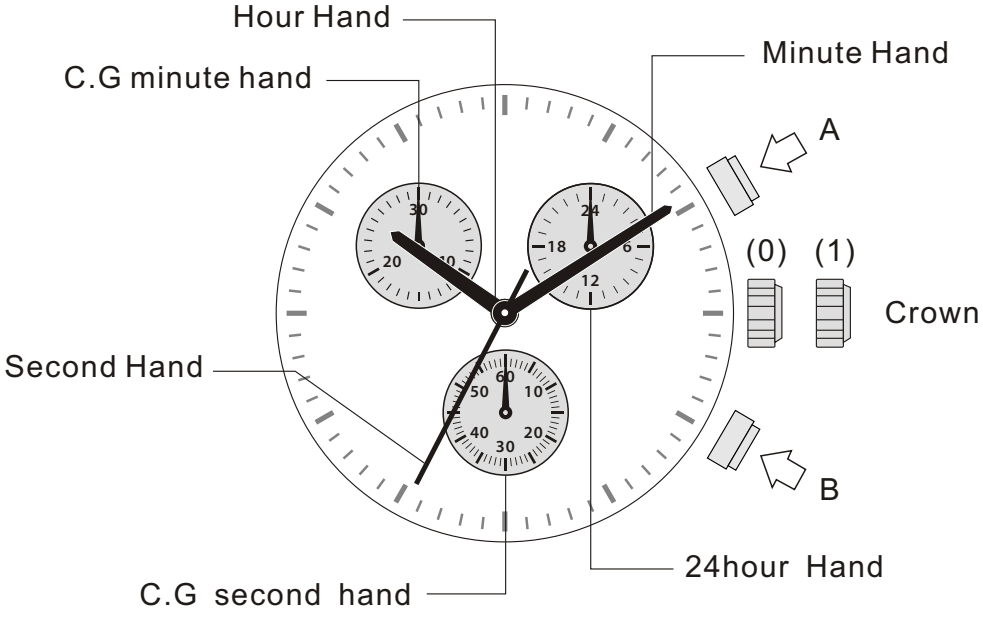


SETTING THE TIME

1. Pull the crown out to position (1) when the second hand is at the 12 o'clock position.
2. Set the hands to the desired time of the day by turning the crown. Make sure AM/PM is set correctly.
   *Do not press any button, otherwise the chronograph hands will move.
3. Push the crown back to position (0).

USING THE STOPWATCH

This stopwatch is able to measure and display time in 1second united up to maximum of 29min 59sec.
Stopwatch will stop automatically after running continuously for 30 minutes.

Measuring time with the stopwatch

1. Press button（A）to start the stopwatch.
2. The stopwatch can be started and stopped each time button（A） is pressed.
3. Pressing button（B） resets the stopwatch and stopwatch minute and second hands return to their zero positions.

∗Button（A）/（B）does not function during resetting the stopwatch.

STOPWATCH RESET (incl. after replacing battery)

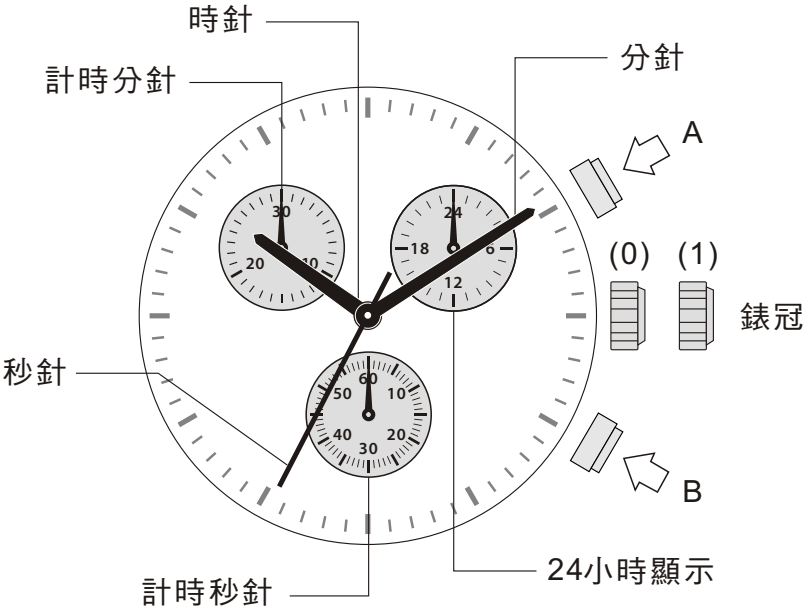
This procedure should be performed when the stopwatch second hand does not return to the zero second position after the stopwatch has been reset, and including after the battery has been replaced.

1.Pull the crown out to position (1)
2. Press button（A）to set the stopwatch second hand to zero position.
   *The stopwatch minute hand is syncronized with stopwatch second hand.
   *The stop watch second hand can be advanced rapidly by continuously pressing button（A）.
3. Once the hands have been zeroed, reset the time and push the crown back to position (0)

CHRONOGRAPH RESET

1. Pull the crown out to position(1).
2. Press the button (A) or (B) to set the C.G second hand to zero position. The C.G second hand can be advanced rapidly by continuously pressing button (A) or (B).
3. Once the hands have been zeroed , reset the time and push the crown back to position (0).

* Do not push crown to (0) position while the C.G second hand returns to zero position. it stops on the way when crown are returned to normal position and its position is recognized as zero position.



繁體

時間調整

1. 秒針於12時位置時，將錶冠拉出至位置(1)。
2. 旋轉錶冠以調校時針和分針至目標時間。
   檢查是否正確設定上/下午時間。
   *請勿按任何按鈕，否則秒錶指針會移動。
3. 將錶冠推回至位置(0)。

使用跑錶

*本跑錶以1秒的單位測量和顯示時間，最大可至29分59秒。
連續走動30分鐘後會自動停止。

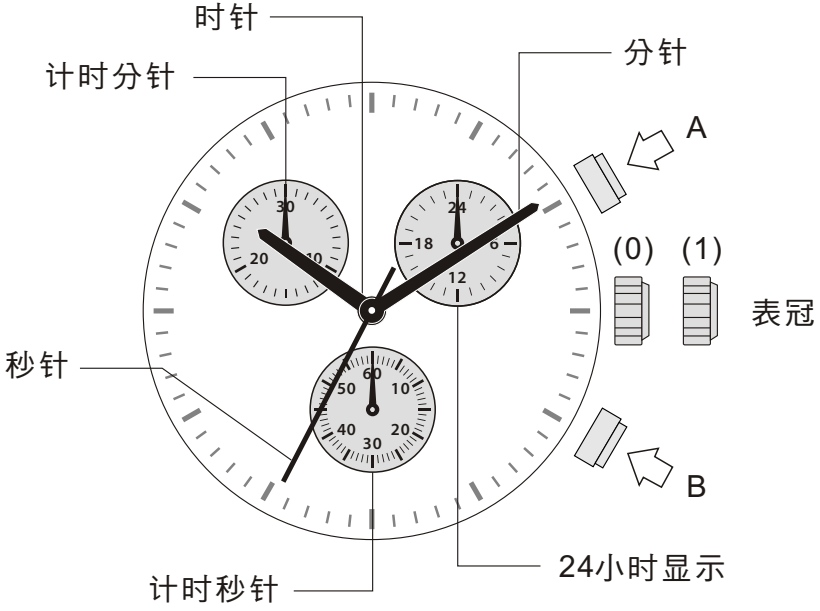
1. 按下按鈕(A)，啟動跑錶。
2. 每按一下按鈕(A)，可啟動和停止跑錶。
3. 按下按鈕(B)，重設跑錶並將跑錶的分針和秒針全部返回到"0"位置。

*重設跑錶時，按鈕(A)/(B)不起作用。

重設跑錶(含更換電池後)

應在跑錶歸零後未回到"0"處，及更換電池後執行此步驟。

1. 將錶冠拉出至(1)位置。
2. 按下(A)將跑錶秒針設定至"0"處。
   *跑錶的分針及秒針同步。
   *持續按住(A)，跑錶的秒針會快速前進。
3. 當跑錶針回到"0"處，重設時間並將錶冠推回(0)位置。



简体

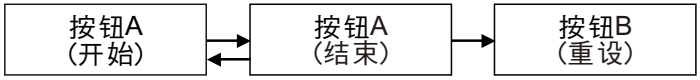
时间调整

1. 秒针于12时位置时，将表冠拉出至位置(1)。
2. 旋转表冠以调校时针和分针至目标时间。
   检查是否正确设定上/下午时间。
 *请勿按任何按钮，否则秒表指针会移动。
3. 将表冠推回至位置(0)。

使用跑表

*本跑表以1秒的单位测量和显示时间，最大可至29分59秒。
连续走动30分钟后会自动停止。

1. 按下按钮(A)，启动跑表。
2. 每单击按钮(A)，可启动和停止跑表。
3. 按下按钮(B)，重设跑表并将跑表的分针和秒针全部返回到"0"位置。



*重设跑表时，按钮(A)/(B)不起作用。

重设跑表(含更换电池后)

应在跑表归零后未回到"0"处，及更换电池后执行此步骤。

1. 将表冠拉出至(1)位置。
2. 按下(A)将跑表秒针设定至"0"处。
   *跑表的分针及秒针同步。
   *持续按住(A)，跑表的秒针会快速前进。
3. 当跑表针回到"0"处，重设时间并将表冠推回(0)位置。